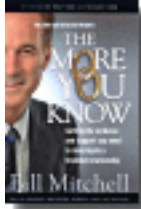


VETERAN PI TELLS HOW TO KNOW IF YOUR SPOUSE IS HAVING AN AFFAIR



Author [Bill Mitchell](#) offers 8 ways to know for sure, then what to do about it in his new book, "[The More You Know](#)."

(Review copy available for media.)

Greenville, SC -- For 8 out of 10 marriages, at least one spouse has an extramarital affair. For three decades, veteran P.I. [Bill Mitchell](#) has helped couples uncover affairs, then move on in positive ways. "As a P.I., I caught more than 2,000 spouses committing adultery," Mitchell says. "And don't expect any of them to admit they're having an affair, even when they're caught on video."

Mitchell is author of the new book "[The More You Know: Getting the Evidence and Support You Need to Investigate a Troubled Relationship](#)" (Eagle's Nest Publications, NY - \$14.95). The book is available at <http://www.sevendaydetective.com>

Mitchell helps spouses discover the truth about their relationship through a series of surefire clues. He then shows them what to do to mend their marriage or successfully move on.

There are eight simple ways to know if you are the victim of a cheating husband or wife. Watch for absences your spouse can't or won't explain, a sudden need to be alone more, or a hard-to-understand change in lifestyle or dress. "These things show up in an overwhelming number of the cases I investigate," Mitchell points out.

Additionally, Mitchell lists the main times and places [cheating spouses](#) tend to get together. "Watch for evenings and weekends. Happy hours and parties are favorites. I would make a point of watching the suspected adulterer's activities on Friday and Saturday evenings. That's when it most often occurs."

The book stresses the importance of finding proof of the secret relationship. Most spouses have a feeling their spouse may be involved elsewhere, but until he or she gets proof, it's difficult to fix the relationship or bring it to a properly planned end.

[Bill Mitchell](#) often appears as a guest expert on major talk shows and has been featured on [Dr. Phil](#), the Today show, and The Early Show. His interviews have appeared in The Chicago Tribune, Esquire, [Ladies Home Journal Online](#), and [PI Magazine](#).

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